

PLANNING GUIDE

System Solutions for Intensive Green Roofs



Green Oases for Our Cityscapes

Advantages of green roofs regarding environment, urban development and construction:

Protection of the Roof Membrane



 Protects the roof membrane from UV radiation, heat, cold and hail

New Habitat



 Avoids sealing and creates new habitat for plants and animals

Utilized Roof Areas



 Additional space for improved quality of life

Rainwater Retention



Reduces run-off

Reduction of Energy Costs



 Thermal protection and reduction in heating and cooling costs

Noise Protection



 Enhances sound insulation

Features

Unlike extensive green roofs, intensive green roofs offer almost endless possibilities of design. However depending on the kind of vegetation intensive green roofs require more maintenance.

The features at a glance:

- Maintenance:
 - Medium to high level of maintenance
 - Periodic to regular irrigation
- Plant communities:
 - Herbs, grasses, perennials, lawn, shrubs, bushes and trees
- · Loads and build-up heights:
 - Build-up height from 150 to 800 mm
 - Weight from 160 to 1200 kg/m^2
- Costs:
 - Higher costs

Principles

At ZinCo, intensive green roofs are installed in accordance with standards and with system.

Our six principles at a glance:

- The System Build-up is tailored to suit each roof.
- The System Build-up ensures permanent drainage, even under load.
- The System Build-up provides for a good water/air balance.
- The System Build-up is adapted to suit the required type of vegetation.
- The System Build-up keeps maintenance and upkeep to a minimum.
- The System Build-up provides for a long green roof life.





More Options with ZinCo

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System Build-up "Roof Garden"

"Intensive green roof" with endless possibilities for design and use

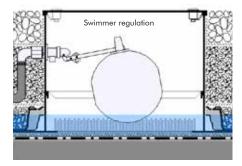
"Roof Garden" is a multifunctional green roof build-up system with a high water storage capacity, suitable for lawns, perennials, and, with a deeper substrate, for shrubs and even trees. In can be used in combination, for example, for walkways, terraces, driveways and play areas.

The Floradrain® FD 60 neo element, the heart of this green roof system, can be concreted as a base for the driveway or

for foundations, without penetrating the waterproofing or impacting drainage. With roof gardens, it is important to retain as much stormwater as possible in order to minimize irrigation works. The underlying channel system with Floradrain® FD 60 neo allows for a dam-up of up to 50 mm.

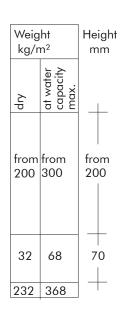
This is achieved by means of a roof dam element above the roof outlet on zero-pitch roofs.

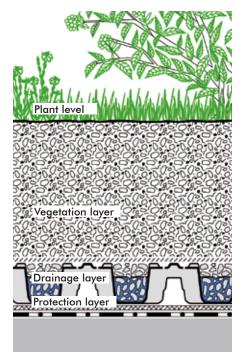
With an automated irrigation element such as the swimmer-regulated KB 30 a minimum level of water can be maintained even during dry periods.











Lawn, perennial plants, and with deeper substrate, also shrubs and small trees

System Substrate "Roof Garden" or System Substrate "Lawn"

Filter Sheet SF

Floradrain® FD 60 neo filled with Zincolit® Plus Protection Mat ISM 50

Root Barrier WSB 100-PO, if waterproofing is not root-resistant



System Build-up with EPD verification

Build-up height: from 270 mm
Weight, saturated: from 370 kg/m²
Water retention capacity: from 136 l/m²

Calculated weight saturated without plant layer. More information on p. 15.



System Build-ups with European Technical Assessment. Details at https://zinco-greenroof.com/european-technicalassessment



System build-up "Roof Garden" with Aquafleece irrigation

Light-weight intensive green roof with patented underfloor irrigation

A green roof build-up that is suitable for lawns and perennials and, if using mounding (up to 40 cm), also for shrubs. Suitable for 0° roofs up to light-pitched roofs (up to approx. 8°).

Irrigation occurs through special driplines that are fastened to the Aquafleece AF 300 at intervals of 50 cm using hook & loop tape and are supplied with water through the Irrigation Manager BM 2000, as required.

Water consumption is comparatively low as the water is distributed through the Aquafleece AF300 and supplied to the plants from below.

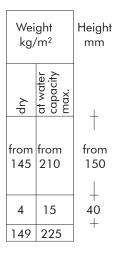
This system build-up is used where there is low load reserve and/or low build-up height. A greater build-up height (> 40 cm) is possible too. In that case, the Aquafleece AF 300 can be replaced by System Filter TG and there is no need for driplines. It is also possible for the two variations to be used together on the same roof.

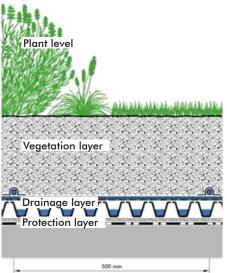












Build-up height: from 200 mm
Weight, saturated: from 230 kg/m²
Water retention capacity: from 80 l/m²

Calculated weight saturated without plant layer. More information on p. 15.

Lawn*, perennial plants, and with deeper substrate, also shrubs and small trees

Zincohum
System Substrate "Heather with
Lavender" resp. "Lawn", 15–25 cm
Dripperline 500-L2, fastened via
hook & loop tape
Aquafleece AF 300
Floradrain® FD 40-E
Protection Mat ISM 50

* Lawn preferably as direct seeding with seedbed. Turf must be cultivated on sandy soil with a low level of humus. General tips for use: With a substrate depth of less than 20 cm, the lawn surface will most likely be wet for longer, even in summer.



System Build-up "Heather with Lavender"



Visually appealing "Simple Intensive Green Roof" with reduced maintenance.

The plant community can be chosen amongst a wide variety of drought resistant perennials, grasses and low shrubs, for example thyme, origanum or lavender.

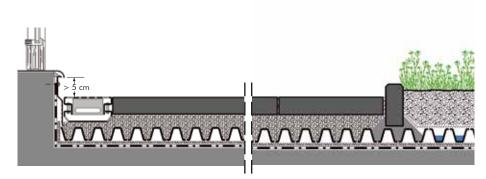
The relevant "Heather with Lavender" System Substrate, which has been specifically designed for the plant community "Heather with Lavender", in combination with the water retention and drainage element type Floradrain® FD 40-E creates the necessary habitat conditions so that the "Heather with Lavender" – once rooted – requires little maintenance.

Floradrain® FD 40-E is ideal as a substructure for green roofs, but it can be applied just as well under concrete slabs or paved

surfaces. Moreover, borders between different areas can be founded in a stable and secure manner. Kerbs can be set directly in concrete or mortar onto the Floradrain® without impeding the water run off.

Floradrain® also safely drains the excess water out of the channels or grills, which are often installed to safeguard door sills. In this case, the required upstand height which is normally 150 mm, according to the German Flat Roof Guidelines, can be reduced to 50 mm above the finished surface.

Beneath the paving stones, the Floradrain® elements are installed with the diffusion openings facing downwards and the troughs filled with stone chippings.



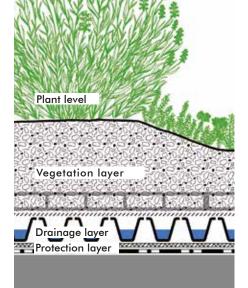




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System Build-up with EPD verification



Build-up height: from 140 mm
Weight, saturated: from 160 kg/m²
Water retention capacity: from 60 l/m²

Plants according to plant list "semi intensive – Heather with Lavender"

System Substrate "Heather with Lavender", from 100 mm Fallnet® Filter Sheet SF Floradrain® FD 40-E Protection Mat SSM 45 Root Barrier WSF 40,

if waterproofing is not root-resistant



System Build-ups with European Technical Assessment. Details at https://zinco-greenroof.com/european-technicalassessment



System Build-up "Underground Garage"

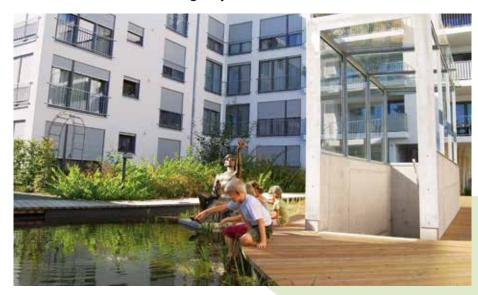


"Intensive Green Roof" with a highly resilient and driveable drainage layer

Due to the accessibility of underground car park decks and their normally generous structural load reserves, they provide a good opportunity for using a build-up where the substrate can be applied using a wheel loader.

In the System Build-up "Underground Garage", the Protectodrain® or Elastodrain® studded sheets that cover the entire area, protect the roof membrane from all types of dynamic forces, even during the building phase. Covered with the stable filter sheet TG or PV, they also allow for excess water to safely drain off.

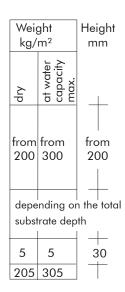
Together with Zincolit® Plus and the System Substrates, the build-up offers the widest possible range of solutions for planting and design.

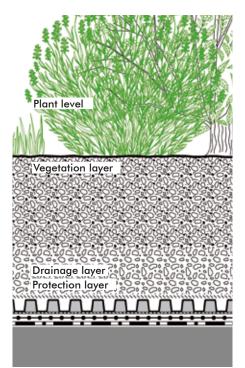


Frequently, green areas are installed on underground car park decks in conjunction with different types of pathways or vehicle surfaces. Whether it's a car space or a fire station entrance, grass pavers, block paving or concrete slabs – there are many options.

For further details, please see our ZinCo Planning Guide "Walkways and Driveways". Simply request our catalogue or download it from www.zinco-greenroof.com/downloads







Lawn, perennials and with deeper substrate layers also shrubs and small trees

System Substrate "Roof Garden" or "Lawn"

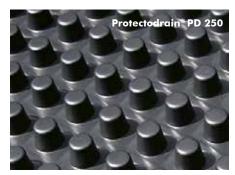
Zincolit® Plus, in case of substrate depths
≥ 350 mm

Filter Sheet TG

Protectodrain® PD 250

Slip Sheet TGF 20

Root Barrier WSB 100-PO,
if waterproofing is not root-resistant





Protectodrain® PD 250 and particularly Elastodrain® EL 202 with its dense studding are ideal sub-structures for all types of pathway and vehicle surface. Even at the construction stage, a reliable protective layer is vital for the waterproof-ing membrane.



Approach road over the underground garage of a hospital, with different types of ground covering.



System Build-up "Walk- and Driveways"



Walkways and driveways in particular require well-engineered solutions that will ensure the proper functioning of the roof features (e.g. protecting the waterproofing, drainage, thermal and sound insulation). Beneath the surface, they absorb the horizontal forces generated by accelerating, braking and steering.

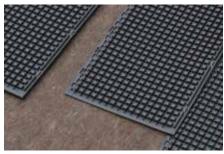
When combining walkways or driveways with a green roof, it is not only the drainage and compressive strength that are important but also the water retention capacity.

Stabilodrain® SD 30, the heart of this system build-up, meets all requirements and provides for permanent functionality.

Stabilodrain® SD 30 is a highly stable and pressure-resistant drainage element that is quick and easy to install. It allows for water drainage and, depending on how it has been installed, for additional water storage. Stabilodrain® SD 30 can be used on inverted roofs without impacting the vapour diffusion above the XPS insulating material.

For more details, please see the ZinCo Planning Guide "Walkways and Driveways on Roofs".

The guide can be requested or downloaded at www.zinco-greenroof.com/downloads



Special connector studs along the long side allow for the Stabilodrain® SD 30 elements to be fitted in a lattice structure.



The volume of Stabilodrain® SD 30 between the studs with the studs facing upwards is approx. 20 l/m².



Courtyards with basements are ideal for creating leisure areas for your staff.



Example of "Inverted Roof" Build-up

Lawn, perennials, with deeper substrate layers also shrubs and small trees

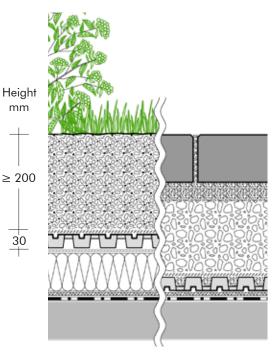
mm

30

System Substrate "Roof Garden"

Filter Sheet TG Stabilodrain® SD 30 Separation Membrane TGV 21 XPS Thermal insulation If waterproofing is not root resistant the Root Barrier WSB 100-PO is required additionally (to be laid directly on the waterproofing)!

Installation beneath the greenery is with the studs facing downwards, the water retention capacity is then approx. 7.5 l/m².



Roof Garden

from ca. 310 kg/m² Weight, saturated: Water storage capacity: from ca.100 l/m² Driveway: from ca. 600 kg/m²

Weight calculated saturated without vegetation layer. More information on p. 15

Example of "Non-Insulated Concrete Roof"

Height mm

≥100 Heavy duty paving slabs

Bedding layer of stone chippings

≥150 Gravel base layer

Filter Sheet PV

Stabilodrain® SD 30, filled with

stone chippings Filter Sheet PV

Stabilodrain® SD 30 is installed beneath walkways and driveways with the studs facing upwards.

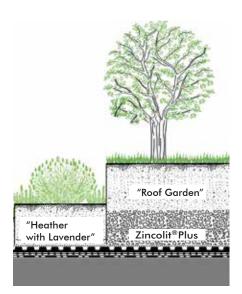
Substrate Properties and Depths at a Glance

The different requirements of a roof substrate depend on the various vegetation needs. Water storage and nutrient supply are particularly important for intensive green roofs with sophisticated perennials and shrubs. In the case of intensive substrates (system substrate "Heather with Lavender" or "Roof Garden"), finer granulation is combined with a greater level of organic matter.

This ensures that the plants are supplied with the appropriate level of water, without reducing the air volume in the substrate that is required by the plant roots. In addition to choosing the correct substrate for the relevant vegetation, the substrate depth is of vital importance for the success of the green roof.

See diagram below for recommended depths. It is possible to apply more substrate than specified below. This can be particularly useful when planting a combination of trees, perennials and grasses.

Alternatively, mounds can be created in certain zones. From a height of 35–40 cm upwards, the vegetation layer consists of an upper substrate and a sub-substrate, Zincolit® Plus, for structural stability and enhanced ventilation.

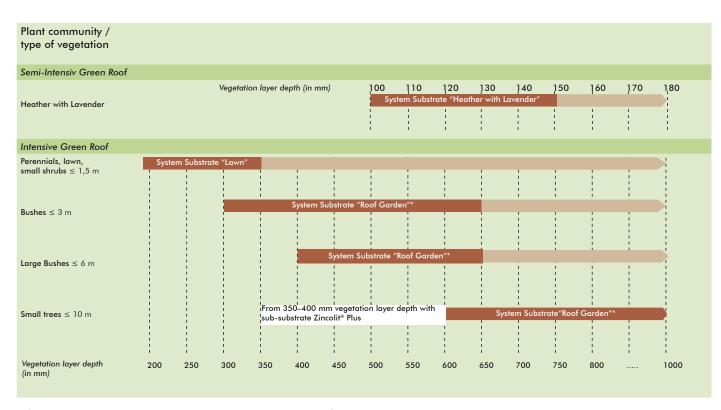


Depth of vegetation layer

The "substrate bar" in the diagram below shows the minimum height from which the planned vegetation can be established. The values apply to average precipitation levels from 700 mm upwards.

The vegetation layer should be slightly

increased if precipitation is lower. The dark sections show a suitable range for the vegetation layer depth.

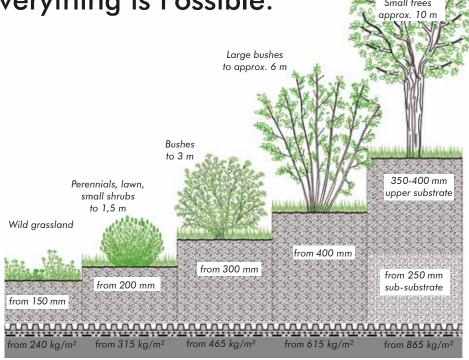


^{*} If the intensive substrate is to be blown, the System Substrate "Roof Garden" can be replaced by "Heather with Lavender" System Substrate.

If Parameters are Right, Almost Everything is Possible.

Substrate Depth depends on Type of Plants

Plant growth is especially affected by the type and depth of applied substrate. On a substrate depth of approx. 150 mm, near-natural wild grasslands are possible. For sophisticated perennial plantings, as well as for bushes and trees, deeper substrate levels are required. The potential for horizontal extension of the roots of trees and bushes must be ensured. ZinCo offers a range of substrates with which every green roof request can be fulfilled.





Perfect Solutions down to the last Detail

Planting Bushes and Trees

In order to establish trees and bushes permanently on roof areas, it is often necessary to create more space for the roots by forming special planting areas with higher substrate level, such as planters or mounds. Anchor fixings are often used for securing bushes and trees against wind damage and can be attached to the borders of planters.

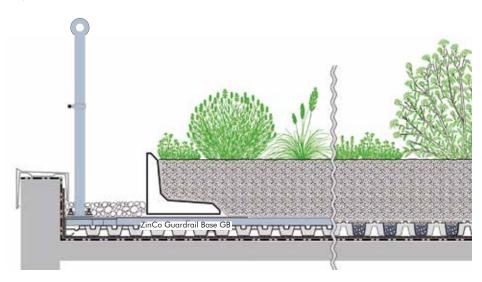
If that's not possible, the tree anchoring system, Robafix® can be used. This allows for the root balls to be permanently

stabilised, and the trees are prevented from becoming loose from wind pressure or wind shear. Robafix® consists of preassembled grid elements combined with three anchor base plates and each with a stainless-steel eyelet and the required tension belts. Robafix® is installed – without the need for roof penetration – directly onto the Protection Mat or the Filter Sheet of the green roof system. It is suitable for plug plants of up to approx. 80 cm in diameter, on roofs with a pitch of up to 5°.



Intensive Greening on Roofs with Low Edging

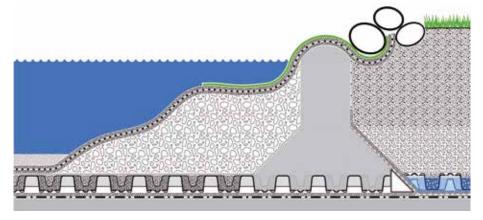
Even with low perimeter upstands, intensive green roofs with higher build-ups can be installed. Concrete L-kerbs or stainless steel profiles, set in from the low perimeter, border the plant area and allow for a greater depth of substrate. Thus, they ensure continuous and effective drainage beneath the plant beds and the roof edge.



Ponds and Pools

With the correct design, ponds and pools can be installed on roof decks. They should generally be placed above the drainage layer and lined separately

with a special plastic membrane; should the pool ever leak, the water will flow to the regular roof drainage. It is recommended to have at least 300 mm depth of water to compensate for the higher evaporation rate on high and exposed buildings.



The detail solution shown here refers in particular to the ZinCo system build-up. The roof structure itself is a schematic representation and has to be planned and executed in accordance with relevant standards and regulations.

Top Priority for Roof Gardens – Solution without Penetration of the Waterproofing!

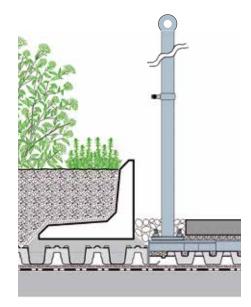
Guardrails

Roofs that are intended for access by people require a surrounding guardrail for safety purposes.

The ZinCo Guardrail Base GB is the perfect solution and it won't penetrate the waterproofing. The guardrail can be fitted without any special tools.

The required load applied to the guardrail base can be, for example, a green roof, gravel or terrace slabs on grit. For further details, please see the ZinCo Planning Guideline "Fallnet® – Safety on Flat Roofs"

Simply order or download from www.zinco-greenroof.com/downloads



Advantages at a glance:

- Suitable for ZinCo system guardrails or building-specific guardrails with the appropriate mating flange
- For guardrail solutions and mountings without roof membrane penetration
- Structurally tested for horizontal forces up to 1 kN/m.
- Suitable for clearances between posts of at least 100 cm
- 90° corners possible with standard products
- Can be combined with Fallnet® SB 200-Rail.







Formwork and Foundations for Unlimited Design Flexibility



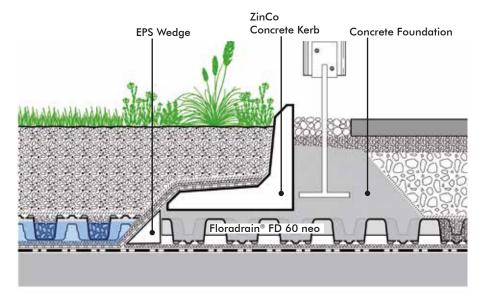


A pergola can be incorporated without penetrating the waterproofing, be it for additional plant support or simply as a design feature.

Floradrain® FD 60 neo can also function as lost formwork. This provides for the foundations for all types of furnishing elements without the need for penetrating the waterproofing which often has its own risks. The underlying channel system

continues to ensure that excess water is drained off. The type and surface treatment of the concrete and the choice of suitable aggregates prevent the dissolving out of carbonates and provide protection against sintering.





The complete drainage area remains intact when the foundation is built as a strip foundation. For dam up area (left), the waterproofing is drawn upwards so that water cannot enter the walkway build-up (right).

Garden Architecture – Combining Walkways and Green Roofs

Raised decking and paving on ZinCo Elefeet® pedestals







Over-basement courtyards are increasingly integrated into overall building utilization. The combination of surfaces and planted areas is particularly popular. In this instance, the wood covering was installed

on ZinCo Elefeet pedestals, which ensure excellent sub-surface ventilation and fast drainage. The System Build-up provides the edging for the walkway and also acts as a full area drainage element.



The boundary to the walkway has to be sufficiently high in the case of lush vegetation. Sandstone walls were used for this building in Frankfurt. The filled Floradrain® FD 60 neo element proved to be the ideal basis for designing this leisure area at a lofty height.

The drainage system, continued beneath the walkway, ensures the permanent and proper functioning of the build-up.



Creating Space – with System!

This Planning Guide aims to give you a general overview of the technology involved in the various intensive green roof options.

Our technical experts will be pleased to advise you on specific solutions for your own individual building projects: from the planning phase right through to creating your specification texts.

Download our planning guides and brochures for detailed information: https://zinco-greenroof.com/downloads





